Hebrews 5:14

But solid food belongs to those who are of full age, that is, those who by reason of use have their senses exercised to discern both good and evil.

Originally being from California, I came to learn at an early age that the best place to get good authentic food was at those hole in the wall, mom and pop joints. Not the chain restaurants or fast food places. Even after moving to Texas a few years ago, I have found it hard to find real good authentic food, most places are chain restaurants and those that are not do not do the real deal, only some form of it. But to those who have had the real deal, we know the difference.

Case in point, Mexican food (Who doesn't like Mexican food ②). In Texas they have what is called Tex-Mex and most Texans are brought up on it, but for those of us from California, we know the real deal when it comes to Mexican food from Mexico, once again because we have those small, hole in the wall, mom and pop joints that serve the real deal when it come to Mexican food.

I also remember when I was working in Florida for several years, there was a steak joint that made the most awesome steaks, and you had to pay for their great steak dinners as well, anywhere from like \$50 upwards, but it also was a small steak house, not a chain and they tenderized and marinated their steaks for 3 to 4 weeks, and that's why it was so expensive and so good.

I also remember when I went to London and while walking downtown London, there was a sign pointing to an Italian restaurant, which you had to walk downstairs, under the building (Think like a basement) to get to. But when we got down there, it felt like you were in Italy, and the food was the real deal.

So it is with God's word and churches. For some reason, people seem to think that the bigger the church or the more people that go means that the teaching is good because of the size and number of people there. People flock to McDonald's, Taco Bell, Arby's, What-a-burger, etc... but that does not make them good. It makes it cheap, fast, and fills the belly. But I would take a hole in the wall Mexican restaurant over Taco Bell any day.

Same with the church, I don't want fast food, this is what's on the menu every week type of teachings. No, I want good solid teaching, something not filled with preservatives and fillers, but the word of God being taught, book by book, chapter by chapter, and verse by verse. That way I know I am getting the whole counsel of God

♣ Acts 20:27 For I have not shunned to declare to you the whole counsel of God.

If you read the New Testament and about the early church, you never read of power point presentations, bible verses on the screen, lights and smoke (Yes some churches have smoke during their worship) special programs etc... No, they simply taught the word of God, and that's all the people wanted. Oh, that believers would have a hunger for the simplicity of God's word again, wanting to dine in fine restaurants, enjoy the meat of the word and stop getting fat on fast food teachings.

- → 2 Corinthians 11:3-4 (NLT2) But I fear that somehow your pure and undivided devotion to Christ will be corrupted, just as Eve was deceived by the cunning ways of the serpent. You happily put up with whatever anyone tells you, even if they preach a different Jesus than the one we preach, or a different kind of Spirit than the one you received, or a different kind of gospel than the one you believed.
- Psalm 119:140 Your word is very pure; Therefore Your servant loves it.
- † 1 Peter 2:2-3 (NLT2) Like newborn babies, you must crave pure spiritual milk so that you will grow into a full experience of salvation. Cry out for this nourishment, now that you have had a taste of the Lord's kindness.